

### **Trauma Services**

Title:

Geriatric Trauma-Shared

No. 7841

Page: 1 of 2

Effective Date: 05/30/2023

### **PURPOSE:**

To ensure optimal care for the geriatric trauma patient.

### **POLICY STATEMENT:**

Traumatic injury in the geriatric population is increasing and associated with higher risk for complications and mortality. The admission of the geriatric population will be guided by specific criteria for appropriate patient placement through their hospital course.

# **ENTITIES AFFECTED BY THIS POLICY (SCOPE):**

WakeMed adopts the following policy & procedures for WakeMed Raleigh & WakeMed Cary.

## WHO SHOULD READ THIS POLICY:

This policy shall be read by department supervisors, managers, directors, and administrators. Furthermore, any individual considering issuing, revising, assisting in the drafting of, or archiving a policy.

### **PROCEDURES:**

- I. Adults over the age of 65 are identified and activated based on established criteria.
- II. A clinical frailty score will be documented on all trauma admissions over the age of 55
- III. Patients who are > 70 years old with a clinical frailty score of  $\ge 4$  should be considered for a Palliative Care consult.
- IV. Decision to admit to the ICU is based on clinical judgment. If the patient has any of the following, they should be considered for admission to the ICU
  - a. Rib fractures (4 or greater)
  - b. Multiple long bone or pelvic fractures
  - c. Head trauma needing frequent monitoring
  - d. Base deficit  $\leq$  6 mEq/l

A transfer out of the ICU is a clinical judgement and hemodynamics should be considered **THIS** 

#### **POLICY IS CROSS REFERENCED IN:**

#### I. ASSOCIATED DOCUMENTS

- a. Trauma Activation Criteria
- b. Trauma One Evaluation
- c. Trauma Alert Evaluation
- d. Trauma Alpha Evaluation
- e. Trauma Bravo Evaluation
- f. Patient Status Determination

#### II. ADDITIONAL RESOURCES

**Origination date:** *Not Set* 

Prepared by: MGR, TRAUMA PROGRAM

Approved by: MED DIR, TRAUMA, PHYSICIAN, SURGEON

**Reviewed:** *05/30/2023* **Revised:** *05/30/2023* 



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a. American College of Surgeons. (2018). *ACS TQIP Best Practice Guidelines.* [online] Available at: https://www.facs.org/quality-programs/trauma/tqp/center-programs/tqip/best-practice

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