

MICROSCOPE



introducing



THE MEGAN CHAMP MORGAN SCHOLARSHIP FUND

Former WakeMed CEO Raymond Champ and wife Meredyth make gift to WakeMed Foundation in daughter's honor to establish scholarship fund to support employees & their dependents

Megan Champ Morgan lived a life full of compassion, caring and respect for others. This legacy will be honored and carried on through a new WakeMed Foundation scholarship fund established in her memory by her parents, former WakeMed President & CEO Ray Champ and his wife Meredyth. The scholarships will benefit both WakeMed employees and their dependents who plan to pursue post-secondary education.

Beginning in 2022, the fund will provide scholarships of up to \$10,000 for dependents of WakeMed employees seeking to complete a higher education degree at an accredited not-for-profit institution in the areas of health sciences, elementary or secondary education, computer sciences or information technology. In the coming years, the scholarship opportunity will be expanded to include WakeMed employees.

"Meredyth and I value the role that WakeMed plays in this community and all that it has done. We want to help the hospital in any way that we can, and this contribution is one example of that," commented **Ray Champ**. "I am so proud of having been associated with the hospital and so proud of everything you do."

Megan learned about WakeMed's culture and values at an early age, not only from her father, who served as CEO from 1983 to 2003, but as a WakeMed volunteer and unpaid communications intern. After graduating with a communications degree from Meredith College, Megan began a career in banking and finance. In 2018, she married Jeremy Morgan and continued to volunteer and

give back to the community through her work with the Alzheimer's Association and her church. One outstanding example of her giving nature is that she donated one of her kidneys to a client who had been unable to locate one. Although she was only 45 when she died, Megan left many examples of her compassion through her work and countless personal acts of kindness.

With this gift from the Champs and other members of the community, the WakeMed Foundation has established the Megan Champ Morgan Scholarship Fund to carry on Megan's legacy while supporting WakeMed employees and their dependents. Additionally, the Champs are establishing an endowment – which will be open to donations from other interested donors – to support the fund for future generations of WakeMed family members.

"This scholarship fund is a transformational and powerful gift for WakeMed and for this community," explains **Brad Davis**, executive director, WakeMed Foundation. "We are humbled to carry on Megan's spirit while supporting WakeMed employees and their dependents and incredibly grateful to Mr. Champ for his continued leadership and for his and Meredyth's generosity, kindness and compassion for our employees."

The deadline for applications for this first year of scholarships is March 15, 2022, with decisions made by May 2022. Employees and dependents must meet several eligibility requirements. Preference will be given to candidates who demonstrate financial need for support.



Former WakeMed CEO Raymond Champ and daughter Megan Champ Morgan at the dedication of the Raymond L. Champ Centers for Emergency Medicine at Raleigh Campus.

MEGAN CHAMP MORGAN SCHOLARSHIP FUND

LEARN MORE & APPLY

To learn more about the Megan Champ Morgan Scholarship Fund and other grant and funding opportunities available through the WakeMed Foundation, visit wakemed-apply.smapply.org

MEGAN CHAMP MORGAN SCHOLARSHIP FUND

Parent/Guardian (WakeMed Employee) Eligibility Requirements 2022:

Applicant's parent/guardian must:

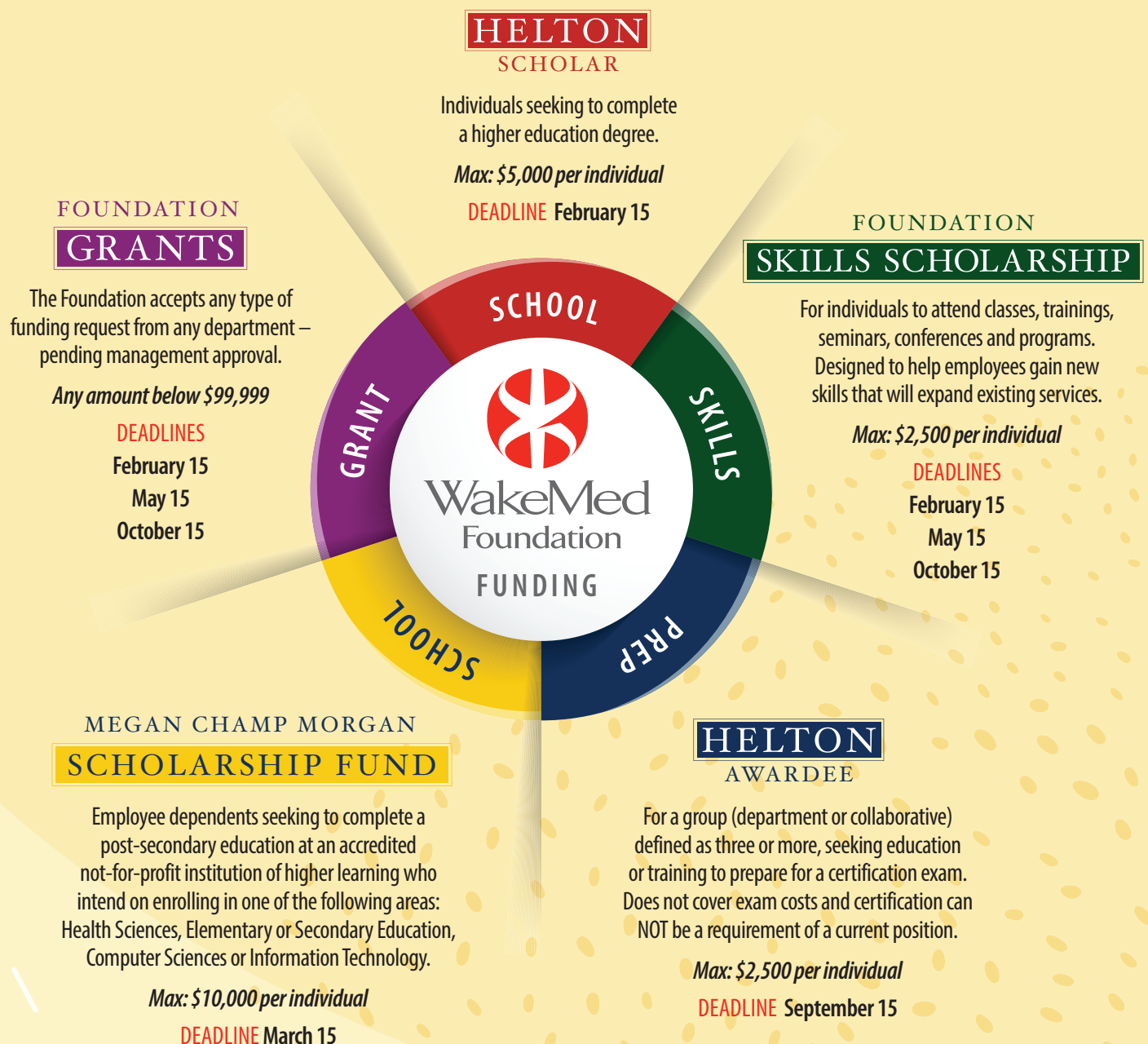
- > Be able to demonstrate and define a financial need for support.
- > Provide proof of dependent or applicant seeking funding support.
- > Have been an employee of WakeMed for at least three years.
- > Remain employed at WakeMed at least two years following award.
- > Have received a score of 3 or higher on their most recent annual evaluation.
- > Be a benefits eligible FT/PT employee at WakeMed.
- > Not have any active disciplinary actions.

Student/Applicant Eligibility:

- > Must be an eligible dependent of a WakeMed employee.
- > Be an incoming freshman at an accredited not-for-profit institution of higher learning.
- > Must intend to study health sciences, elementary or secondary education, computer sciences or information technology.
- > Must be 26 years old or younger.
- > Can only receive Foundation education funding/support one time.

WAKEMED EMPLOYEE & DEPARTMENTAL

GRANT & EDUCATION FUNDING OPPORTUNITIES



WakeMed Foundation

TOY DONATIONS Our community stepped up once again this year to help bring smiles to WakeMed Children's patients with our annual Toy Drive. The items received will be given to pediatric patients across WakeMed throughout the year to help brighten their day and lift their spirits during their hospital stay. Many thanks to everyone who contributed toys and gifts to the Children's Hospital, and to all the volunteers and staff who helped coordinate this successful event!



HOLIDAY WRAP UP!

Members of the WakeMed family spread holiday cheer throughout our system and across our community.



CHEERS FOR CHILDREN The WakeMed Foundation's annual Cheers for Children event was held virtually again this year. The event raised over \$16,000 to support WakeMed patients, staff and programs.



DECKING THE HALLS This holiday season, the WakeMed family enjoyed a new way to spread holiday cheer to our community. As part of "Deck the Halls," departments decorated more than 80 wreaths that were donated to local shelters and support organizations, including InterAct, Urban Ministries and others.



OPEN HOUSE & MARKET WakeMed Rehab Hospital staff and volunteers put together a festive Holiday Open House & Market. Thanks to the generosity of the Law Offices of James Scott Farrin, all Rehab Hospital patients had a chance to shop – safely – for holiday gifts for their loved ones.



THAT'S TACKY! Congratulations to Primary Care – Brier Creek for taking home first prize in the first annual WakeMed Primary Care Tacky Sweater Showdown! Numerous practices participated and the winner was chosen by WakeMed Instagram followers.



GATHER TOGETHER Members of the WakeMed family celebrated the holiday season by taking time out of their busy schedules to enjoy a festive meal together. After the meals were suspended in 2020 due to COVID-19, it was a joy to gather as members of the WakeMed family in December 2021!



Thomas Haugh (Administration) earned the designation of Fellow with the American College of Medical Practice Executives (ACMPE).

Ron Fazio, PA, (Cardiovascular & Thoracic Surgery) presented a Keynote speech to the 2024 class of physician assistant students at Eastern Virginia Medical School.

Daniel Fox, MD; Peter Heetderks, MD; and Kevin Davidson, MD, (all of Pulmonology & Critical Care) received their Neurocritical Care board certifications. The program is jointly developed by the American Board of Anesthesiology, the American Board of Emergency Medicine, the American Board of Internal Medicine, the American Board of Neurological Surgery, and the American Board of Psychiatry and Neurology.

Sharee McCray, RN, (Rehab Hospital) received her Doctor of Nursing Practice (DNP) degree.

Koy Dillard, RN; Christina Irby, RN; and Erin Prince, RN, (all of NICU); and **Susan Rich, RN**, (Labor & Delivery – Raleigh Campus) completed bachelor's degrees in nursing (BSN).

Tonia Deaton (Sterile Processing – Cary Hospital) obtained a bachelor's degree in sociology and was promoted to manager.

Gina Rowe, RN, (Infection Prevention) became certified in infection control (CIC).

Aranzazu "Ari" Conklin, manager, (Patient & Family Experience) acquired professional in health care quality certification.

Christie Hatch, MSN, RN, manager (5B NIC) received national certification as a nurse executive.

Ivy Fincher, BSN, RN, (Diabetes Program) became a certified diabetes care and education specialist (CDCES).

Candice Winstead, RN, (Patient Case Management) received case management certification.

Aubrey Lundeen (Maternal Fetal Medicine) obtained board certification in fetal echocardiography.

Matt Shaw, RN, (CV Testing) was promoted to supervisor.

Amanda Holmberg (Revenue Cycle) and **Felinda Thompson** (Financial Counseling) were both promoted to manager.

Lindsay Flanagan and **Allen Payne** (both of Patient Transport) were promoted to supervisor roles.

Michele Brake, MSN, RN, (ICU – Cary Hospital) was promoted to supervisor.

Kaytlin Atwood, MSN, RN; and **Caleb Rutan**, MSN, RN, (both of Clinical Nursing Resource Services) were promoted to Clinical Nurse Specialists.

COMINGS & GOINGS

6C Surgery & Trauma wishes a happy retirement to **Pam Cross**, RN, after more than 42 years of service to WakeMed!

Home Health wishes a happy retirement to **Judee Castranio**, who is retiring after dedicating 23 years to WakeMed.

Wake AHEC wishes all the best to **Diane Yelverton, MS, BSN, RN**, on her retirement after 20 years of service.

Risk Management wishes all the best to **Nancy Groves** on her retirement after seven years of service.

The Clinical Administrators welcome **Ashley Everington**, who transitioned from CV Testing.

1A Clinical Evaluation Area welcomes **Arlet Jaimes-Chavez, Victoria Jones** and **Katrina Wadlington**.

6C Surgery & Trauma welcomes **Sabrina Kangou-Miz, Meredith Cochrane** and **Madelyn Daniels**.

Behavioral Health welcomes **Danaya Patrick, Michele Machado-Gonzalez, Shelby Sawyer** and **Terri Jordan**.

Amaris Saint-Lot, BSN, RN, transitioned to a new role as Senior Account Manager within Revenue Integrity.

CICU welcomes **Ravyn Hassan**, BSN, RN, to their team.

Corporate Integrity and Compliance welcomes **Joe Naasz** and **Leanna Rangell**.

Emergency Department – Brier Creek Healthplex welcomes **Lindsay Smith**, BSN, RN, and **Carrie Casullo**, BSN, RN.

Human Resources welcomes **Carmen Henry** and **Kimberly Jones**.

NICU welcomes **Lindsay Rys**, BSN, RN; **Kalee Tassone**, BSN, RN; **Aimee Sisk**, RN; **Bailey Pope**, BSN, RN; **Brenda Rose**, BSN, RN; **Shannon Weber** and **Hiwot Yimam**.

Nursing Education welcomes **Taylor Midgette**, RN.

Patient Transport welcomes new manager, **Rodney Williams**.

Wound Ostomy Nursing welcomes **Jacki Ryan**, BSN, RN.

Cecely Tucker, RN, transitioned from 3A CVIC to Case Management – Raleigh Campus.

Dianna Palacios, BSN, RN, joined WakeMed as the new manager for the ICU at Cary Hospital.



THE CLABSI TASK FORCE
STEERING SYSTEM
PREVENTION EFFORTS

A central line (also called a central venous catheter) is a catheter that is often placed in a large vein to give medication or fluids or to collect blood. Central lines are very common. Like many hospitals, WakeMed tracks central line days, which is the number of patients on inpatient units (excluding NICU) who have one or more central lines in place at midnight each day. In Fiscal Year 2021, there were over 24,000 central line days within our system. Ensuring that WakeMed is following current, evidence-based care processes for the maintenance of central lines – and that all staff are informed of any changes to those processes – is no small task. That's where the CLABSI Task Force comes in. This dedicated team of professionals is helping lead our CLABSI prevention efforts so we can successfully send CLABSIs out to sea!



The task force is led by co-chairs **Samer Taj-Eldin, MD**, (Pulmonary & Critical Care Medicine); **Ashley Gordon, CNS** (Clinical Nursing Resource Specialists); and **Caitlin Underhill, RN** (Infection Prevention), with support from executive sponsor **Waqiah Ellis, RN**, vice president, Nursing, Raleigh Campus, and other leaders. The multidisciplinary team includes nurses, providers and staff from across all three hospitals and multiple clinical areas and departments. The team meets monthly to review data, evaluate products and processes related to central line care, and discuss challenges and opportunities. Task force

recommendations are thoroughly evaluated and routed through the appropriate committees (VAST, SQOC, etc.) for approval before being shared with staff to ensure standard work.

“The goal of the Task Force is ensuring that WakeMed is implementing the most evidence-based processes and procedures to reduce the likelihood of central line infections. We have a very engaged team and excellent leadership team, which helps us put patients first and understand the challenges that staff face when it comes to caring for central lines,” commented Gordon. “The Task Force is here as a resource for the WakeMed family as we work together to improve outcomes for our patients.”

In the next year, the Task Force hopes to optimize the vascular access resource team, enhance data collection and reporting, and – of course – improve CLABSI bundle usage. All of this should help us reduce CLABSIs at WakeMed and meet our Quality goal metrics (see the Aspirational Goals Chart for details). If you have questions about the Task Force or their work, reach out to one of the co-chairs.

New CLABSI Policy Now Available

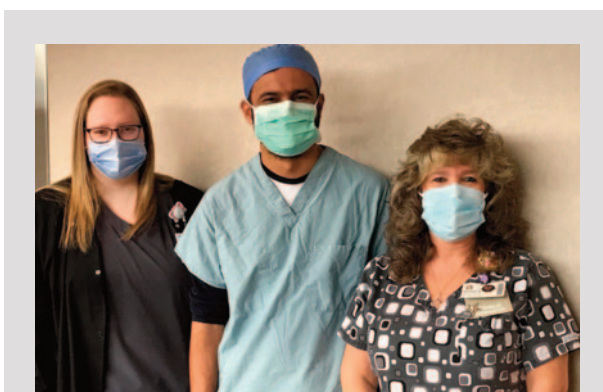
The Task Force recently wrapped up an extensive effort to create a comprehensive reference policy to guide all central line-related practice. The new Central Lines policy was published in January and includes detailed, evidence-based practices and information about the placement, management and care of central lines. All staff who may care for patients with central lines should carefully review the policy as it includes many do's and don'ts and best practice guidelines.

New Nutrition Screen Tool
Now Available in Epic

Nutrition therapy is an integral part of the patient care process and it is estimated that about half of hospitalized patients are malnourished upon admission. Nutrition deficits can impact muscle loss and, in turn, risk of falls, infection, pressure injury, wound healing, length of stay, hospital readmissions and reimbursement rates.

The Nutrition Screen is used to identify patients at nutrition risk upon admission. WakeMed's Nutrition Screen was recently updated to incorporate validated questions for hospitalized patients to help detect malnutrition. When a patient is identified at risk for nutrition, a Best Practice Alert (BPA) will fire in EPIC and guide the user to initiate a dietitian consult to allow for earlier nutrition intervention. With this update, the Nutrition Screen is now consistent throughout all adult inpatients (including the Rehab Hospital); the pediatric Nutrition Screen was also updated.

For more information, please contact Melissa Horstman, director of clinical nutrition systems, at MHorstman@wakemed.org.



WakeMed Enrolls First
NC Patient in New
Coronary Artery Study

WakeMed Heart & Vascular was recently the first site in North Carolina to enroll a patient in a clinical trial designed to evaluate the effectiveness of a new drug-coated balloon for patients with in-stent stenosis. **Saroj Neupane**, MD, (pictured above with Taylor Wall and Rhonda Norton, both of the Clinical Research Institute) is serving as the principal investigator for the study, which is open for patients who have had prior stenting of a coronary artery and need revascularization due to restenosis. As the first drug-coated balloon to be used in coronary arteries, this is a ground-breaking trial that can impact future therapeutic options. Congratulations to Dr. Neupane and the WakeMed Clinical Research Institute team!





FY2022 Aspirational Goal Metrics

Every fiscal year, the Board of Directors and Strategic Leadership Team (SLT) establish metrics and targets that we use to track progress toward our 10 Aspirational Goals. The metrics are reviewed and revised annually, and results are reported regularly.

An overview of the metrics in place for fiscal year 2022 – and how we were performing at the end of fiscal year 2021 – is below. Some changes were made to the metrics this year, including the addition of several new metrics.

It is important for all staff to be familiar with these metrics as they provide a framework for specific, department-level tactics and policies. We encourage you to review this chart carefully then speak to your manager about what initiatives are ongoing in your area to support them.

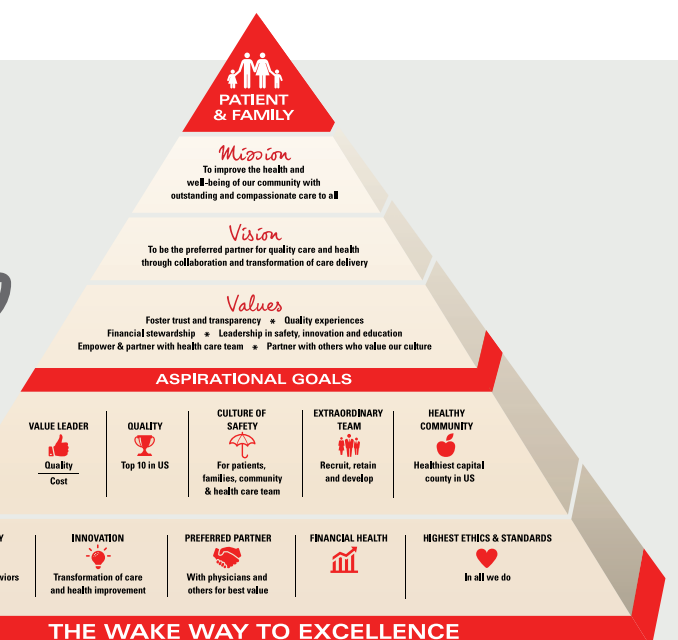
Metric	FY21 Outcome	FY22 Target	Direction to show improvement
Quality			
CAUTI (standardized infection ratio)	0.56	<1.00	▼
CLABSI (standardized infection ratio)	1.55	<1.00	▼
C. diff (standardized infection ratio)	0.24	<1.00	▼
Surgical Site Infections - Colorectal (standardized infection ratio)	1.25	<1.00	▼
Harm Across the Board Index (per 1,000 patient days)	2.23	< 2.00	▼
Culture of Safety			
Patient falls with injury (per 1,000 patient days)	0.38	0.373	▼
Observed to expected mortality	1.04	<1	▼
Follow up & support victims of workplace violence	NA - New Metric	100.00%	▲
Wake Way			
Overall HCAHPS rating (percent of 9 & 10 scores)	75.74%	76.21%	▲
Providers earning PRC 5-Star Awards	83	68	▲
Extraordinary Team			
Employee Engagement Survey: employee ranking	81.00%	83.00%	▲
Employed Provider Engagement Survey: provider ranking	77.70%	80.00%	▲
Financial Health			
Earnings before interest, tax, depreciation and amortization (EBITDA)	\$138,190,591	\$100,000,000	▲
Days cash on hand	231	200	▲
Highest Ethics & Standards			
Percent of recipients who provide credentials in Phishing simulation emails	0.0004%	2.50%	▼
HIPAA violations per 100 employees	NA - New Metric	<1.5	▼
Compliance Central reports per 100 employees	2.35	2.5	▲
HI TRUST Assessment Rating	3.04	3.2	▲
Healthy Community			
Community Health (Capital Counties) Survey Score	3	4	▲
Social Determinants of Health Wheel for Screening	NA - New Metric	10.00%	▲
MyChart activation by patients	57.60%	63.00%	▲
Online Scheduling	NA - New Metric	15.00%	▲
eCheckIn	NA - New Metric	15.00%	▲
Contact center phone response within 20 seconds	NA - New Metric	70.00%	▲
Percent of patients that log into MyChart (rolling 12 months)	NA - New Metric	51.00%	▲
Innovation			
HIMSS Analytics Assessment Grade	4	5	▲
Implement Care Transformation Teams	NA - New Metric	6	▲
Preferred Partner			
Active clinical Primary Care attributed lives	84,207	95,000	▲
Primary care physician loyalty (number of providers who refer to WakeMed specialists 70% of time)	59	65	▲
Value Leader			
Total operating expense per adjusted discharge	\$14,689	\$14,539	▼
Observed to expected readmission rate	0.73	<1	▼
Length of stay rate	0.98	<1	▼

Targets are subject to change; check the Strategic Plan & Updates page on MyWakeMed for the most current information.

HELP US BUILD the WakeMed Patient & Family Advisory Council

Patients and families are the reason for everything we do, and we are forming a new system-wide Patient and Family Advisory Council (PFAC). The ideal council member will be a current or past WakeMed patient or the family member of a current or past WakeMed patient who is willing to share his or her perspective to help improve the experience of care at WakeMed. Help us build a successful and diverse PFAC by encouraging patients and family members to apply for a position on the council. The application is available now until the 10 positions are filled, with the hope of launching the council in early spring 2022.

Learn more at www.wakemed.org/volunteer/patient-and-family-advisory-council-volunteering



WAKEMED WINS!



WakeMed once again received several WRAL Voters' Choice Awards. These awards, which are voted on by community members, reflect our dedication to high

quality care and an exceptional patient experience! This year we were proud to be a recipient in the following categories:

- > Hospital: **WakeMed**
- > Ear, Nose & Throat: **WakeMed ENT – Head & Neck Surgery**
- > Family Practice: **WakeMed Primary Care**
- > Home Health Care Agency: **WakeMed Home Health**
- > Urgent Care: **WakeMed Urgent Care**

WakeMed INNOVATIONS

IDEAS THAT HEAL

Innovation In Action: Emily Mengel's Story

As an engineer, **Emily Mengel** (Clinical Engineering) is dedicated to innovative thinking and problem solving – finding new and creative ways to better serve our patients. Last year, she came up with an innovative solution to a problem brought on by a COVID-19 surge.

Throughout the pandemic, mobile eICU carts have been used in ICU surge spaces to provide an increased level of support for our sickest patients. The carts ensure patients are monitored on the unit and by the eICU team in the Operations Center.

During the August 2021 COVID-19 surge, ICU volumes skyrocketed – and there weren't enough eICU carts to go around. Mengel's quick thinking took over. She realized there were some unused

AvaSure cameras and Observer software, which were traditionally used for telesitting

behavioral health patients. She quickly found a way to repurpose those cameras to allow eICU teams to see and talk with patients, family members and on-site care team members to enhance the level of care. While more eICU mobile carts have been added since then, this critical thinking provided an important stopgap during the height of the surge.

"Finding solutions to problems that have a real-world impact on our patients is so rewarding," Mengel explains. "The last 18 months have been so busy – there have been so many problems to address, but our team enjoys supporting the front line and seeing the impact of our work."



THREE CHEERS FOR COMPLIANCE CHAMPIONS!

On December 10, Corporate Compliance and Audit Services recognized 20 WakeMed family members who have been excellent partners to the compliance program. A floating reception was held to thank these individuals for their assistance throughout the year. Congratulations to these Compliance Champions and thank you for all you do to support our Aspirational Goal of the Highest Ethics & Standards! Pictured: Front Row: **Susan McFarland**, director (Employee Relations); **Chris DeRienzo**, MD, SVP, Quality & Chief Medical Officer; **Adam Ford** (Information Services); Back row: **Sarah Hoffman**, executive director (Raleigh Campus Administration); **Kelly Bunn**, director (HIM); **Megan Dew**, supervisor (Marketing & Communications); **Pat Woltz**, PhD, director (Nursing Research); **Joyce English** (Legal Affairs); **Josh Parent** (Information Services). Not pictured: **Marcie Carter**, manager (Payroll); **Michelle Schweitzer**, PA, executive director (Advanced Practice Provider Program); **Dora Carter** (AHEC Administration); **Bhavesh Patel**, director (Information Services); **Chris Brown** (Information Services); **Lori Mason**, manager (Information Services); **Allyson Labban** (Legal Affairs); **Sindhuja Surapaneni** (Information Services).

TAKE THE ONLINE HEALTH ASSESSMENT

Participants can take the online health assessment, administered by Asset Health, any time before September 30. The assessment takes about 15 minutes and can be accessed on the Asset Health wellness portal via MyWakeMed or the Asset Health mobile app. Single sign on is available when accessing the online portal from the WakeMed network.

Need technical support? Call 1-855-444-1255.

2022 REMINDERS



COMPLETE YOUR BIOMETRIC SCREENINGS

Biometric Screenings will be held February 1 through March 14. If you haven't already, you can schedule your screening appointment via WakeMed MyChart until March 14. Here are a few things to remember:

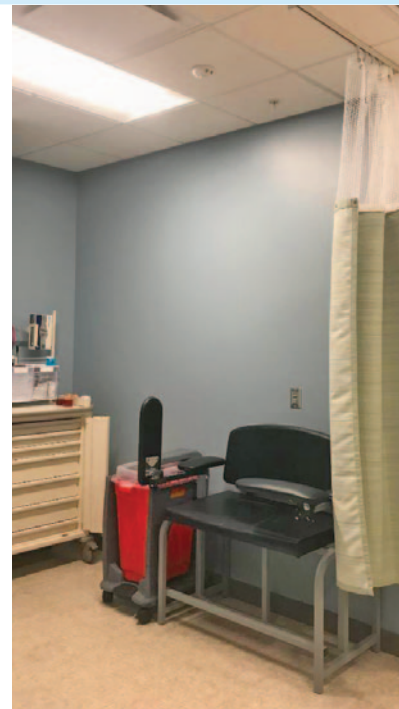
- > Know the time and location of your screening and bring your ID badge. Allow approximately 20 minutes, start to finish.
- > The screening includes height, weight, waist circumference, blood pressure and a basic lipid panel (cholesterol) with blood glucose.
- > Employees may bring current blood work results to the screening (to qualify, it must have been conducted after January 1, 2022, and must include full lipid panel and a total glucose).
- > The cholesterol screening requires fasting for a minimum of eight hours unless prohibited for medical reasons.
- > Employees who self-identify as pregnant or nursing during the Biometric Screening will not be required to fast and will not have bloodwork, height, weight and waist measurements taken.

Screening results will be posted to WakeMed MyChart, usually within 72 hours. Remember, you must meet a certain level on each standard to receive the reward. If you do not meet the standards, you can complete an alternate standard requirement to make up points. More details about alternate standards can be found on MyWakeMed. Questions? Contact Bob Nelson, ext. 06903.

WE'VE MOVED!

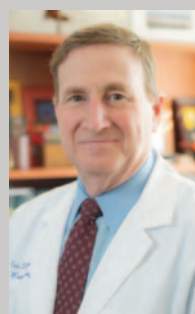
Cary Hospital Outpatient Lab Has Relocated

The Outpatient Lab in the lobby of Cary Hospital recently relocated its services to the Medical Park of Cary. This change in location will help improve efficiency and provide a quality experience for all served. All patients, including those for Medical Day Treatment and C-Section Type and Screens, are now directed to the outpatient lab on the first floor of the Medical Park of Cary at 210 Ashville Avenue, adjacent to Cary Hospital. This location offers convenient free parking and easy access into the building. The hours of operation for the Outpatient Lab at the Medical Park of Cary are Monday through Thursday 7:30 am to 5:30 pm and Friday 7:30 am to 3:30 pm.

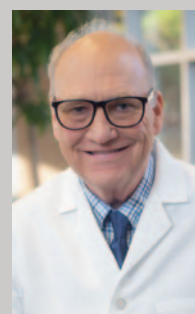


NEWS FROM WakeMed Physician Practices

Welcome New Physicians



Eric Duberman, MD
General Surgery



Nelson Gardner, MD
MyCare 365



Sheel Tolia, DO
Cardiology

Now Open!

WakeMed MyCare 365 Primary & Urgent Care – Fayetteville Road
4530 Fayetteville Road
Raleigh 27603

Opening February 7

WakeMed MyCare 365 Primary & Urgent Care – Glenwood
6800 Glenwood Avenue
Raleigh 27612

Welcome New Advanced Practice Providers

Scott Best, PA
MyCare 365

Carrie Enright, PA
Cardiovascular Surgery

Brittany Frock, NP
Neonatology

Erik King, PA
General Surgery

Jennifer Petrone, PA
MyCare 365

David Zuckerman, PA
MyCare 365

Welcome WakeMed – Western Wake Surgical

As we continue to expand our WakeMed Physicians Practices network to provide care options and access to patients, WakeMed is pleased to welcome Eric Duberman, MD, FACS, and team. The new WakeMed Physician Practices General Surgery practice is called WakeMed – Western Wake Surgical. Dr. Duberman is currently accepting new patients.

WakeMed Western Wake Surgical
155 Parkway Office Court
Cary 27518

For referrals, please call 919-859-4747.

MICROSCOPE

Microscope is a monthly newsletter written by and for the employees of WakeMed. Our goal is to provide employees and friends of WakeMed with the most up-to-date news on all of the hospital system's activities. The Marketing & Communications department thanks all of the employees who contributed to this publication.

We welcome comments and suggestions on this publication and its content. Call (919) 350-8120, e-mail microscope@wakemed.org, or write Microscope, WakeMed Marketing & Communications, 3000 New Bern Avenue, Raleigh, NC 27610.

Kate Wilkes Editor
WakeMed Employees, Photos

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Raleigh, NC 27610

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ADDRESS SERVICE REQUESTED

Donate Blood

This year, there is a critical need for blood donations. WakeMed's blood drives can directly impact our patients. Sign up for a time that fits your schedule, visit MyWakeMed. Look for the Bloodmobile at these locations:

CARY HOSPITAL
Monday, February 14
9 am to 2 pm

NORTH HOSPITAL
Wednesday, February 16
9 am to 2 pm

RALEIGH CAMPUS
Thursday, February 17
9 am to 2 pm

APEX HEALTHPLEX
Monday, February 21
10 am to 2 pm

GARNER HEALTHPLEX
Tuesday, February 22
10 am to 2 pm

BRIER CREEK HEALTHPLEX
Wednesday, February 23
10 am to 2 pm

Give **BLOOD**

Give **LIFE**

Give **LOVE**



THE BLOOD CONNECTION
Your Community Blood Center

Follow us!



WakeMedHospitals



@WakeMed



WakeMed & WakeMed Children's



WakeMed App

Want to learn more about what's happening at WakeMed? Follow us on social media or download the WakeMed App!



Nominate a colleague today for the Pyramid Society Award!

Do you know someone who goes the extra mile toward helping us achieve our mission and always puts our patients and families first? Nominate them for WakeMed's highest honor – the Pyramid Society Award!

The Pyramid Society Award recognizes employees for outstanding performance that goes above and beyond their work duties and contributes to our Aspirational Goals. To learn more and to complete the nomination form, visit MyWakeMed and click on Employee Essentials. All nominations received by February 28 will be considered for the 2022 awards cycle.

CALENDAR OF EVENTS

Education Fair

Sponsored by Workforce Development & Nursing Education

Representatives from local colleges and universities will be available to answer questions about degree programs and admission requirements. Plus, learn about funding opportunities available to WakeMed employees to help you further your education!

Friday, February 25

10:30 am to 3:30 pm, Raleigh Campus, Conference Dining

Online Uniform & Shoe Sale

February 11 through 22

Stock up on scrubs, socks, shoes and more during the online Uniform & Shoe Sales, sponsored by the Volunteers at WakeMed and First Uniform, Inc. First Uniform will contribute a portion of the sale proceeds to The Volunteers in support of the great patient and staff programs they make possible at WakeMed. Payroll deduction is available (pre-enrollment required). Shop online at firstuniform.com between February 11 and 22 to participate in the sale.

Wake AHEC Events

Upcoming Live Webinars

- ▶ **Let's Get Creative: 25 Brief, Interactive Strategies to Engage Children & Adolescents in Therapeutic Settings**, January 26
- ▶ **Cultural Humility Series: Introduction to Implicit Bias, Microaggressions, and Intersectionality**, January 26
- ▶ **2022 Academic Progression Conference: Building the Future of Nursing**, February 3

For a complete list of Wake AHEC continuing education events, please visit www.wakeahec.org/courses-and-events