

Litholink 24-Hour urine handout

[Test code 911325 only]

Supplies required:



1 collection container per specimen



1 green-topped 50 ml tube per specimen



1 tube of liquid urine preservative per specimen



1 biohazard bag with absorbent paper



1 collection aid (optional)



24-Hour urine handout

For accurate results and to avoid your sample being rejected:

- **Do not place your urine in the refrigerator at any time during or after your collection**
- Your sample is extremely time sensitive; schedule your collection to end Sunday through Wednesday and return the sample the same day you finish your collection (if ending on a Sunday, return to the lab first thing Monday morning)
- The preservative (the liquid, uncapped bottle and cap) must be dropped into the collection container at the start of the collection
- Your collection must be between 22-26 hours
- Stop taking vitamin C (pill form, vitamins and/or supplements) that is greater than 100 mg/day 3 days prior to the start of the collection; vitamin C occurring in foods and drinks can be ingested as normal

Patient instructions—Complete this form and return with urine to the lab:

1. When you wake up in the morning, **you will not collect or store any urine from your first time urinating**; you will flush this entire first specimen. **This is your start time.**
2. Record this time on the collection data section below where it says **FLUSH/START TIME.**
3. Open the tube of urine preservative and empty the liquid into the collection container. Also, drop the uncapped bottle and cap inside to ensure the entire preservative is added.
4. Collect all of your urine into the collection container over the next 24 hours, including any urine during the night and that first urine of the following morning. This is your stop time. (Your collection should be no longer than 26 hours and no shorter than 22 hours.)
5. Record this time on the collection data form where it says **STOP TIME.** Record the date when you finished the collection on the collection data forms where it says **DATE COLLECTION ENDED.**
6. Record the total amount of urine in the collection container below where it says **TOTAL VOLUME.**
7. Fill the green-topped tube with urine from the collection container, write your name and date of birth on the tube, and return to lab immediately. The urine specimen is time sensitive.

24-hr urine collection data (all information below is required for proper testing):

Patient last name: _____

FLUSH/START TIME: _____

Patient first name: _____

STOP TIME: _____

Date of birth: _____

DATE COLLECTION ENDED: _____

Sex: Male Female

TOTAL VOLUME: _____ ML

Height: _____ Weight: _____ lbs/kg

Note: To record TOTAL VOLUME, place collection container on a flat surface and use the measuring tool along the side of the collection container to read how much fluid is inside.

Labcorp ordering account # or provider name: _____

