



Post-Vasectomy Semen Collection & Delivery Instructions

Semen analysis checklist

- Semen Specimen
- Completed Physician's Order.
- Completed Collection Information section below.

Collection & transport instructions

1. REFRAIN from sexual intercourse and masturbation for a period of 2 to 7 days before collecting the semen specimen.
2. Your physician or WakeMed Lab employee will provide a sterile cup for collection. Print your **FULL NAME** and **DATE OF BIRTH** on the cup.
3. Collect the complete sample by MASTURBATION in the container. Avoid the use of lubricants. Coitus interruptus (intercourse stopped before ejaculation), oral collection and specimens collected in condoms are unacceptable. Write the **TIME** of collection on the container.
4. During transport, keep the sample **protected from extreme temperatures and light**.
 - **Your sample must be delivered to the lab WITHIN 24 HOURS OF COLLECTION.** See the back of this form for lab locations and addresses.
5. Complete the collection information below.
6. Submit Physician's Order.

Note - Results will be provided to the referring physician who will contact you to discuss them.

Completed Collection Information – REQUIRED

Name _____ Date of Birth _____
Last First

Days of Abstinence _____ Wife's Name _____

Date of Collection _____ Time _____ Collection by Masturbation? Yes No

If no, please explain: _____

Collection or Transport Problems: _____

Lab Locations on Back→

Where to Deliver Post-vasectomy Specimens

All lab locations are closed Saturdays, Sundays, and Holidays. Deliver your sample within 24 hours of collection. You can deliver it to any of the labs below. No need to call the lab before delivery.

Lab – Apex

120 Healthplex Way, Apex, NC 27502

Phone: 919-350-4325

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – Brier Creek

8001 T.W. Alexander Drive, Raleigh NC 27617

Phone: 919-350-9623

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – Medical Park of Cary

210 Ashville Avenue, 1st floor, Cary, NC 27518

Phone: 919-350-6022

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – HealthPark at Kildaire

110 Kildaire Park Drive, Cary, NC 27518

Phone: 919-350-6039

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – Fuquay-Varina Primary Care

231 N. Judd Parkway NE, Fuquay-Varina, NC 27526

Phone: 919-235-1944

Hours: 7:00 am to 4:30 pm Monday through Thursday, 7:00 am to 3:30 pm on Fridays

Lab – Fuquay-Varina Medical Park

2400 N. Main Street, Fuquay-Varina, NC 27526

Phone: 919-350-0451

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – Garner

400 U.S. Highway 70 East, Garner, NC 27529

Phone: 919-350-9680

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – North Physicians Office Pavilion (POP)

10010 Falls of Neuse Road, Suite 302, Raleigh, NC 27614

Phone: 919-350-1413

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – Oberlin

505 Oberlin Road, Suite 202, Raleigh, NC 27605

Phone: 919-350-8909

Hours: 7:30 am to 5:30 pm Monday through Thursday, 7:30 am to 3:30 pm on Fridays

Lab – Raleigh Medical Park

23 Sunnybrook Road, Suite 1100, Raleigh, NC 27610

Phone: 919-350-8238

Hours: 7 am to 5 pm, Monday through Friday